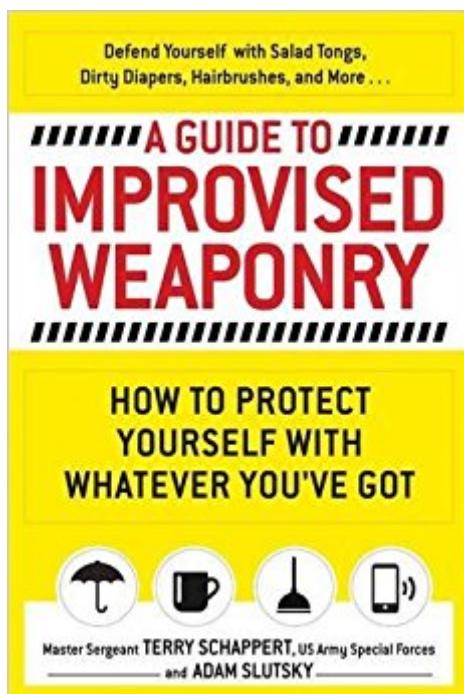


The book was found

A Guide To Improvised Weaponry: How To Protect Yourself With WHATEVER You've Got



Synopsis

As featured in Men's Fitness and on Fox News Defend yourself with salad tongs, hairbrushes--and even a dirty diaper! A sidewalk thief tries to steal your wallet, but you are unarmed. What do you do? With *A Guide to Improvised Weaponry*, you'll know how to protect yourself--even if all you have are your car keys and a candy bar. Written by Green Beret and combat expert Terry Schappert, this book teaches you how to turn your lipstick, your wristwatch--even the shoes on your feet--into strategic self-defense tools. Traditional weapons can be expensive, dangerous, and in the blur of an attack, easily turned against you, but with his life-saving advice, you can avoid these risks and defend yourself by deploying the hidden tactical uses of 100 ordinary items. Whether you're out grocery shopping, riding in an elevator, or enjoying a stroll through the park, *A Guide to Improvised Weaponry* shows you how to control your environment and become your own bodyguard--ready and able to act when you need to.

Book Information

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Customer Reviews

"A thoroughly entertaining read. Best of all, it might save your life someday." --AskMen.com "One of the best dedications I've ever read [and]...the book just gets better from there.... Who would think to chuck a flaming roll of toilet paper at a foe? ...a Green Beret would think these things. This handy DIY self-defense book...would be a great addition to anyone's home library." --Outdoor Life

Terry Schappert is a Green Beret and Master Sergeant in the US Army Special Forces, and an

expert on small arms, demolition, military tactics, and combat medicine. He has hosted a number of combat and adventure shows on television, including Shark Attack Survival Guide for Discovery Channelâ™s Shark Week, and has traveled the world for two seasons of the Discovery survival series, Dude, Youâ™re Screwed. He is the author of A Guide to Improvised Weaponry. Visit his website at TerrySchappert.com.

Terrible, terrible, terrible. This might have some use if you were stranded in the backwoods or desert island but to use in an impromptu situation to defend yourself....???? One suggestion had you taping something to a pipe. Yep, I could see you telling the attacker "Hey, would you just wait there a minute while I do this?" Some interesting suggestions but not for spur of the moment, which is the impression that the book gives is its mission.

While this does have a few unique ideas (dirty diaper, dog poo bag), it largely recommends smashing the attacker with whatever item you're holding.... and occasionally trying to set them on fire. I really don't think the authors tried on any of these ideas in a training format, let alone a "live" format....

If you doubt that almost anything can be used as a weapon this book will make a believer out of you. You can also think of it as a paranoid's bathroom reader.

Many of the objects the author suggests you use for self defense seem to me as though they would be ineffective in a fight.

Funny look at how to use everyday items like toilet paper as a weapon!

I was expecting a book on how to make weapons that are actually useful. The book tells you a scenario and what you can do with the suggested weapon. The one for the book of matches is hilarious. "Try the single match technique, lighting and throwing one match a time. Maybe you'll get lucky and burn one of your attackers eyes or, if you're really lucky, the match will ignite your phone's clothing" imagine you are the mugger and a guy pulls out some matches and repeatedly lights them and tosses them on you. This book is just a common sense guide or suggests things so stupid that it will just get you laughed at then killed.

Some of the suggestions in this book seem very unrealistic or impractical and in some cases almost laughable.

Interesting book with unique use for everyday items.

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